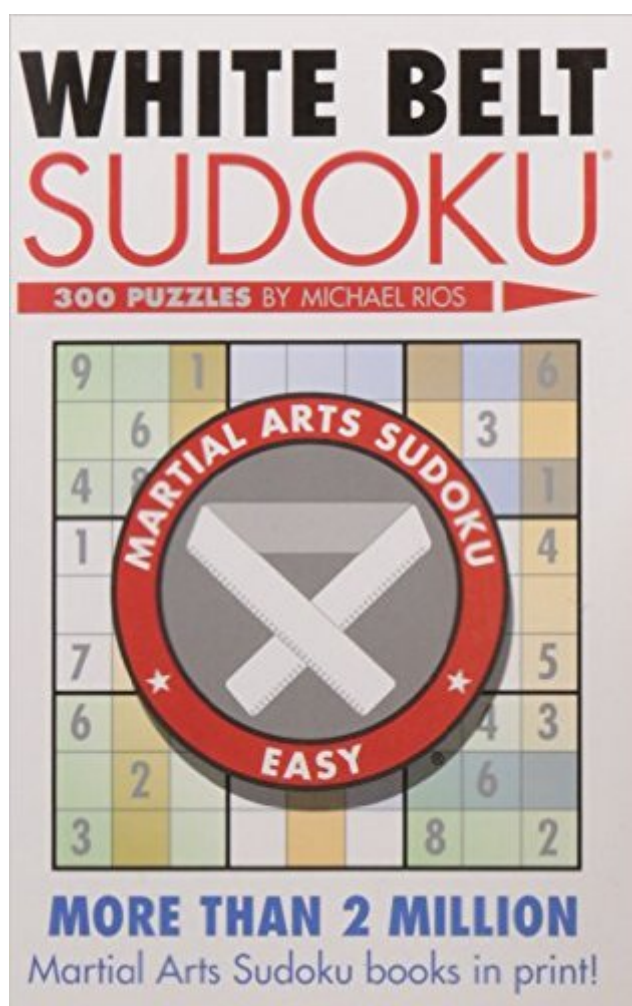


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# White Belt Sudoku® (Martial Arts Puzzles Series)



## Synopsis

Taking a page from karate - another Japanese art - each title in the series is graded by colour: White Belt for easy, Green Belt for medium level, Brown Belt for hard, and Black Belt for the super-tough solvers. Each title also contains 300 puzzles.

## Book Information

Series: Martial Arts Puzzles Series

Paperback: 192 pages

Publisher: Puzzlewright (September 28, 2005)

Language: English

ISBN-10: 1402735952

ISBN-13: 978-1402735950

Product Dimensions: 0.8 x 5.5 x 8.5 inches

Shipping Weight: 6.4 ounces (View shipping rates and policies)

Average Customer Review: 5.0 out of 5 stars [See all reviews](#) (7 customer reviews)

Best Sellers Rank: #485,028 in Books (See Top 100 in Books) #298 in [Books > Humor & Entertainment > Puzzles & Games > Sudoku](#) #949 in [Books > Humor & Entertainment > Puzzles & Games > Puzzles](#)

## Customer Reviews

I actually received this entire series from my brother, who although he couldn't get into the Sudoku mode himself appreciated my passion for it. I enjoy all levels of Sudoku, and tend to select the difficulty of the puzzle I do on the basis of how I'm feeling rather than on what I believe my ability to be. One of the benefits is that the easier puzzles provide one with a sense of accomplishment that can help neutralize a blue spell or a negative life experience. (I wouldn't be surprised to find out that the serotonin level of the brain is significantly effected by this process which may be what gives these puzzles their reputation for "addiction.") I therefore return to simpler puzzles from time to time. One outcome is that one gains a more thorough insight into the logic and methodology of the game while occasionally finding a new method by which to approach it. The White Belt Sudoku book is a wonderful example of this.

I am totally addicted to Sudoku and have worked many puzzles in many books, but I especially like the martial arts series. Their difficulty ratings are "right on." These puzzles are very user-friendly and I highly recommend this series to all players!

This is the second copy of this book that we bought. We finished the first one as a family. It's just the right speed for me - hard enough to be a challenge, but easy enough to be fun and not frustrating. My husband chose to move on to the Green Belt level.

I am addicted to these and this is the perfect book for me. It is also great because the puzzles are a great font size for me. I am visually impaired and this is the only high quality puzzle book I can find at the right font size!

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